

CLINICAL PROFILE

Catherine Moretto, PT, DPT

Years of Clinical Experience: 5



Catherine Moretto has a passion for her profession that encompasses every aspect of her treatment style. From the moment a patient walks in the door she is fully engaged in making their rehabilitation an exceptional experience. Catherine has notable success in the treatment of a wide variety of orthopedic injuries both pre- and post-surgical and has a special interest in treating the spine. Her future plans include training to become a McKenzie Method certified therapist. On a daily basis, Catherine is committed to providing every patient with the superior clinical care they deserve and being the kind of therapist you would recommend to your family and friends.

Education and Certifications

- **Doctor of Physical Therapy**
Thomas Jefferson University - 2018
- **Bachelor of Comprehensive Science**
Villanova University
- **Continuing Education** – McKenzie A – Lumbar Spine; McKenzie B – Cervical and Thoracic Spine; IASTM; Pain Free Performance Specialist Certification - 1



Catherine's Vision...As a physical therapist, I enjoy working with patients to help them achieve their personal goals and maintain a healthy and well-balanced lifestyle.

Services Offered

- Physical Therapy
- Orthopedic Rehabilitation
- Hand Therapy
- Spinal Stabilization/Core Strengthening
- Sports Injuries
- Return to Sports
- Total Joint Replacement Therapy
- Instrument Assisted Soft Tissue Mobilizations (IASTM)
- Work Injury Prevention & Management
- Manual Therapy/Soft Tissue Mobilization
- Pre and Post-Surgical Rehabilitation

Rothman Orthopaedic Institute

Managed by NovaCare Rehabilitation

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